









3 Side Violings

1/2 tsp. paprika
1/4 cup of finely chopped pecans
1 egg, beaten
1 cup milk
4 8-oz. trout filets
1/2 stick butter

directions:

· 1 cup flour

ingredients:

- 1. mix flour, salt, paprika, and pecans in a bowl.
- 2. mix egg with milk.

salt to taste

- 3. dip filets in milk and egg mixture.
- 4. dredge in seasoned flour and pecan mixture.
- 5. heat butter in a skillet over a medium fire.
- 6. brown filets, about 6 minutes on each side.
- 7. place on hot platter.

orange meuniere sauce:

ingredients:

- 1/2 stick butter
- 1/2 cup orange juice
- 1 tablespoon chopped parsley
- orange slices for garnish

directions:

heat butter in a skillet over a medium fire. let brown but do not burn. add orange juice and parsley and cook for about 5 minutes. pour over fish. garnish with orange slices.

serves 4.