



LA COCINITA

This newer food truck is dedicated to serving fresh, authentic, gourmet street food from Latin America. La Cocinita ("The Little Kitchen") offers an array of delicious and inexpensive options, ranging from traditional Mexican tacos to less known South American fare such as arepas and patacones.

Find them on



CORPORATE REALTY

Today's Special:

CACHAPAS WITH RED PEPPER & TOMATILLO SAUCE

SERVES 2



INGREDIENTS

Cachapas

- 1 egg
- 1/4 c milk
- 2 tbsp flour
- 1 tbsp salt
- pinch of sugar
- 9 oz package queso fresco
(fresh mozzarella can be substituted
if queso fresco is unavailable)

Red Pepper & Tomatillo Sauce

- 2 red peppers
- 5 tomatillos
- 1/2 c vegetable (or chicken) broth
- juice of 1/2 lemon
- 1 tbsp honey
- splash of balsamic vinegar
- 1 tbsp sugar
- pinch of salt & pepper

DIRECTIONS

Cachapas

1. Grill 3-4 ears of corn in the husks. Cut the kernels off the cobs (will be approximately 2 cups of corn).
2. Blend 1 1/2 cups of corn with the rest of the ingredients in a blender or food processor, reserving the remaining 1/2 cup of corn.
3. Fold in the rest of the corn.
4. Ladle a scant 1/4 cup of batter at a time (however many will fit at once) onto a buttered non-stick griddle.
5. Cook at medium heat for 5 minutes without disrupting. Carefully flip each corn cake. Cook another 5 minutes. Flip half of the pancakes once more and add sliced queso fresco to the warm side of each of these pancakes.
6. Let sit another 2 minutes to heat the cheese. Place the remaining pancakes on top of the cheese with the warmer side facing down to create "sandwiches."
7. Top with Red Pepper & Tomatillo Sauce.

Red Pepper & Tomatillo Sauce

1. Peel, clean, and dice the tomatillos. Wash, deseed, and cut the red peppers into large chunks.
2. Combine all the ingredients in a saucepan. Bring to a boil over medium-high heat. Reduce the heat and simmer for 10 minutes, uncovered.
3. Let cool for at least 10 minutes. Puree in a food processor or blender. Pour pureed sauce through a sieve or strainer.
4. Chill sauce in refrigerator until cool, then serve with cachapas.



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Enjoy this scrumptious recipe from La Cocinita compliments of **CORPORATE REALTY**

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February – March 2012 Transactions

OFFICE LEASES

TENANT

Banker's Insurance Co.
Becknell Law Firm
Belo-TV Inc.
Bernard, Cassisa, Elliott & Davis
Bowen Miclette
BPT Gulf Coast Inc.
Brad Thompson Galleries
Brown Greer PLC
C2C Resources
Colonial Life
Compuvend
Fresenius Management Services
Garden City Group
Global Special Risk
GBS Group
GSA US Marshal
GT Environmental Finance LLC
HDR Engineering
Huber Slack
Iberia Bank
Immigration & Naturalization
Insphere Insurance Solutions
ITT Technical Services
Jefferson Parish Human Services Authority
Kenneth Pace
Lemoine Co. LLC
Morgan Stanley Smith Barney
Mumphrey Law Firm
Neopost USA Inc.
Polchow & Foster
Producer's Group Inc.
Prytania-Foucher LLC, Burgundy-Prytania LLC
Resolve Engineering Group
Sizer Thompson Brown Architects
Taggart Morton LLC
UBS Financial Services

BUILDING

3636 S. I-10 Service Road (Metairie, La.)
3445 N Causeway Blvd (Metairie, La.)
1515 Poydras (New Orleans, La.)
Three Lakeway (Metairie, La.)
Energy Centre (New Orleans, La.)
Oil Center Building 14 (Lafayette, La.)
600 Decatur (New Orleans, La.)
Exchange Centre (New Orleans, La.)
Causeway Plaza (Metairie, La.)
401 Veterans Blvd (Metairie, La.)
3320 Hessmer (Metairie, La.)
Two Lakeway (Metairie, La.)
42548 Happywoods Rd. (Hammond, La.)
Energy Centre (New Orleans, La.)
Poydras Center (New Orleans, La.)
One Canal Place (New Orleans, La.)
One Canal Place (New Orleans, La.)
Galleria (Metairie, La.)
Energy Centre (New Orleans, La.)
Pan American Life Center (New Orleans, La.)
One Canal Place (New Orleans, La.)
3445 N Causeway Blvd (Metairie, La.)
140 James Drive East (St. Rose, La.)
Causeway Plaza (Metairie, La.)
3320 Hessmer (Metairie, La.)
300 Lafayette Street (New Orleans, La.)
Energy Centre (New Orleans, La.)
One Canal Place (New Orleans, La.)
Two Lakeway (Metairie, La.)
Place St. Charles (New Orleans, La.)
Causeway Plaza (Metairie, La.)
3601 & 3611 Prytania (New Orleans, La.)
One Canal Place (New Orleans, La.)
300 Lafayette Street (New Orleans, La.)
Energy Centre (New Orleans, La.)
Energy Centre (New Orleans, La.)

SIZE

7,065 SF
2,299 SF
8,817 SF
8,570 SF
5,411 SF
233 SF
430 SF
19,793 SF
2,076 SF
668 SF
3,000 SF
43,964 SF
80,000 SF
4,200 SF
1,711 SF
1,493 SF
884 SF
2,396 SF
4,412 SF
78,036 SF
5,964 SF
1,508 SF
27,904 SF
9,604 SF
3,000 SF
3,833 SF
28,016 SF
1,729 SF
1,645 SF
2,198 SF
4,666 SF
8,500 SF
6,413 SF
1,524 SF
12,775 SF
2,103 SF

CR BROKER(S)

C. Berthelot (Landlord Rep)
J. Cohn (Landlord Rep)
A. Lavin (Tenant Rep)
R. White (Tenant Rep)
M. Carrone (Landlord Rep)
M. Carrone (Landlord Rep)
S. Anderson (Landlord Rep)
J. Cohn (Tenant Rep) with Newmark Knight Frank
J. Cohn (Landlord Rep)
M. Carrone (Landlord Rep)
C. Berthelot (Landlord Rep)
Siegel/White (Tenant Rep) with Cushman & Wakefield
J. Cohn (Tenant Rep) with Newmark Knight Frank
Carrone (Landlord Rep) / Cohn & Burka (Tenant Rep)
A. Huseman (Landlord Rep)
A. Huseman (Landlord Rep)
A. Huseman (Landlord Rep)
J. Cohn (Landlord Rep)
M. Carrone (Landlord Rep)
M. Siegel (Tenant Rep) with Bruce Sossaman
A. Huseman (Landlord Rep)
J. Cohn (Landlord Rep)
R. White (Tenant Rep)
J. Cohn (Landlord Rep)
C. Berthelot (Landlord Rep)
A. Huseman (Landlord Rep)
Carrone (Landlord Rep) / White (Tenant Rep)
A. Huseman (Landlord Rep)
J. Cohn (Landlord Rep)
B. Davis (Landlord Rep)
J. Cohn (Landlord Rep)
H. Wren (Tenant Rep)
A. Huseman (Landlord Rep)
A. Huseman (Landlord Rep)
M. Carrone (Landlord Rep)
M. Carrone (Landlord Rep)

RETAIL LEASES

TENANT

AT&T
Bai Stores
Check Into Cash
Dick's Sporting Goods
El Toro
Family Dollar
GameStop
GameStop
GNC
Gold Buying Center
Michael's Arts & Crafts
National Seating & Mobility
Rack Room
Royal Parking LLC
Save A Lot
T-Mobile
Techla Platz LLC
Ulta

LOCATION

South Rivers Market (Greenville, Ms.)
1170 Hwy 190 (Covington, La.)
South Rivers Market (Greenville, Ms.)
Pecanland Mall (Monroe, La.)
South Rivers Market (Greenville, Ms.)
Village Shops (New Iberia, La.)
1609 Hwy 190 (Eunice, La.)
70 Park Place Drive (Covington, La.)
Juban Crossing (Denham Springs, La.)
South Rivers Market (Greenville, Ms.)
Magnolia Square Shopping Center (Houma, La.)
5515 Pepsi Street (Elmwood, La.)
Fremaux Center (Slidell, La.)
301 N. Claiborne Avenue (New Orleans, La.)
4726 Paris Road (New Orleans, La.)
Gentilly Shopping Center (New Orleans, La.)
720 Veterans Blvd (Metairie, La.)
Pecanland Mall (Monroe, La.)

SIZE

2,400 SF
2,400 SF
1,200 SF
50,000 SF
2,800 SF
13,500 SF
2,520 SF
6,508 SF
1,219 SF
1,200 SF
20,246 SF
3,624 SF
6,000 SF
1,000 SF
15,642 SF
2,108 SF
42,000 SF
10,000 SF

CR BROKER(S)

K. Adler
K. Adler
K. Adler
L. Rabin
K. Adler
M. Carrone
E. Kramer
E. Kramer
S. Swan
K. Adler
J. Fawer
C. Berthelot
S. Swan
S. Anderson
Fawer/Burka
R. Weber
H. Wren
L. Rabin

COMPLETED SALES

PROPERTY

3726 Ambassador Caffrey Parkway
27085 & 16200 Chef Menteur Hwy
Hammond Square Mall
Poydras & Claiborne Parking Lot
West Judge Perez Drive & Dr Meraux Blvd

LOCATION

Lafayette, Louisiana
New Orleans, Louisiana
Hammond, Louisiana
New Orleans, Louisiana
Lafayette, Louisiana

SIZE

36,791 SF
60,000 SF
1.6 Acres
60,252 SF
48,125 SF

CR BROKER(S)

J. Fawer
H. Wren
J. Fawer
M. Siegel
Fawer/Burka

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